

CRHL Waiver, Revised September 4, 2014

In consideration of being permitted to participate in CRHL (the “league”) I, the undersigned, agree as follows:

1. I understand there are risks of serious or other personal injury in connection with my participation in the League, both on and/or off the ice. I assume all health, physical and legal risks associated with such participation.
2. I waive any right that I may have to sue for and I release and agree to indemnify Capital Recreation Hockey League Inc., and their respective affiliates, members, shareholders, directors, officers, employees, representatives, agents and sponsors (collectively, the “Releasees”) from and against, any and all claims for injury and/or loss sustained by me directly or indirectly in connection with the League (both on and off the ice) and/or the CRHL and/or the loss of or damage to property (including equipment and personal belongings) however caused.
3. I agree that I shall not make any claim or take any proceedings against any person or entity with respect to any matter which exists now or may later exist in connection with the CRHL and/or the League and/or my participation in the League in which a claim could arise against the Releasees, or any of them.
4. In the event of my injury or illness, if any CRHL employee, agent or other representative provides medical and/or other assistance to me, I agree that neither such person nor the CRHL, nor any of the Releasees, shall have any liability whatsoever in connection with such assistance.
5. I acknowledge and agree that the CRHL (or a third party engaged by the CRHL such purpose) may take photographs and/or videos of me while participating in the League and/or while in or around the League for the purpose of promoting and/or marketing the CRHL and/or for resale purposes, without compensation other than allowing me to participate in the League: I waive all right (including intellectual property, copyright, and privacy) in connection therewith.

By signing below:

- (i) I acknowledge that I have read and understood the Rules and Regulations of the CRHL and agree to abide by them.
- (ii) I acknowledge that I have read and understood the above Waiver and agree to be bound by its terms.

